

## 7.0 "Longlife-98"

Approved for the following BMW engines: Please refer to [Enclosure 3](#).

### 7.1 BMW Longlife-98 oils available via Parts Service:

**BMW Super Power Plus SAE 5W-30 has been superseded by BMW Quality Longlife-01 SAE 5W-30.**

Please refer to [Enclosure 5.0 Longlife-01 oils](#)

BMW Super Power Oil SAE 5W-40  
ACEA: A3/B3 / API SJ/CD, EC

Trade name	BMW part number	Container size
BMW Super Power	81 22 9 407 547	1 litre
BMW Super Power	81 22 9 407 002	60 litres
BMW Super Power	81 22 9 407 029	208 litres

### 7.2 Names of approved Longlife-98 oils:

Trade name	Viscosity	Manufacturer/Supplier
76 Pure Synthetic Motor Oil	SAE 5W-40	76 Lubricants Company
A.P.B. Motor Oil NDA SAE 5W-40	SAE 5W-40	Ashland
ADDINOL Eco light	SAE 5W-40	Addinol Lube Oil GmbH
ADDINOL Extra light MV 038	SAE 0W-30	Addinol Lube Oil GmbH
ADDINOL Super light MV 0546	SAE 5W-40	Addinol Lube Oil GmbH
Adnoc Image	SAE 5W-40	Adnoc FOD
Agip Extra HTS	SAE 5W-40	ENI S.p.A.Refining and Marketing Division
Agip TECSINT	SAE 5W-30	ENI S.p.A.Refining and Marketing Division
Alpine RSL	SAE 5W-40	Mitan Mineralöl GmbH
Aral HighTronic	SAE 5W-40	Aral
Avia Synth 5W-40	SAE 5W-40	AVIA Mineralöl AG
Azmol Leader	SAE 5W-40	AOT Azmol
Bardahl XTC Syntronic	SAE 5W-40	Bardahl-OCD Nederland b.v.
BP Euro Spirit	SAE 5W-40	BP Oil International
BP Professional Euro Plus	SAE 5W-40	BP Oil International

BP Visco 5000	SAE 5W-40	BP Oil International
BP Visco 5000 Turbo Diesel	SAE 5W-40	BP Oil International
BP Visco 7000 Sport	SAE 5W-40	BP Oil International
BP Visco 7000 Turbo Diesel Sport	SAE 5W-40	BP Oil International
Budget Motorenöl HC-Synthese	SAE 5W-40	Goldhand Vertriebsgesells. mbH
Budget Motorenöl vollsynthetisch	SAE 5W-40	Goldhand Vertriebsgesells. mbH
Caltex Havoline Fully Synthetic	SAE 5W-30	Caltex Petroleum Corporation
Caltex Havoline Fully Synthetic	SAE 5W-40	Caltex Petroleum Corporation
Car Jack 5W-40 GSR	SAE 5W-40	SIG-GmbH
Castrol Edge	SAE 0W-40	Castrol Limited
Castrol Magnatec 5W-40 A3/B4	SAE 5W-40	Castrol Limited
Castrol SLX Professional	SAE 5W-40	Castrol Limited
Castrol Syntec	SAE 5W-40	Castrol Limited
Castrol TXT Softec	SAE 5W-40	Castrol Limited
Cepsa Star Mega Synthetic	SAE 5W-40	Cepsa Lubricantes S.A.
Cepsa Star Retto Mega Synthetic	SAE 5W-40	Cepsa Lubricantes S.A.
Chevron Supreme Synthetic	SAE 5W-40	ChevronTexaco
Concep-Tech HDC	SAE 5W-40	Swd Lubricants GmbH & Co. KG
CPC 9000 MB Motor Oil	SAE 5W-40	Chinese Petroleum Corp.
Divinol Syntholight	SAE 5W-40	Zeller+Gmelin
Driver Plus	SAE 5W-40	Kuttenkeuler GmbH
Duckhams Q Fully Synthetic	SAE 5W-40	Duckhams International
Duckhams QS	SAE 5W-40	Duckhams International
Duckhams QS Premium MO	SAE 5W-40	Duckhams International
Econo Veritas XL-HC	SAE 5W-40	Oelwerke Julius Schindler
Elf Excellium NF	SAE 5W-40	Total
Elin Auto Tec Synthetic	SAE 5W-40	Elinoil SA Hellenic Petroleum Company
EMARAT Power Synth	SAE 5W-40	Meguina GmbH
EmoSynt	SAE 5W-40	Eggert Mineraloel AG
Engen Protecta SL	SAE 5W-40	Engen Petroleum Limited
ENOC Protec X-treme	SAE 5W-40	Enoc International Sales L.L.C

ESA Syntolub Pilot	SAE 5W-40	ESA, Switzerland
Esso Ultron	SAE 5W-40	ExxonMobil
Esso Ultron SL	SAE 5W-40	ExxonMobil
Esso Ultron Turbo Diesel	SAE 5W-40	ExxonMobil
Eurolub Synth	SAE 5W-40	Hunold Schmierstoffe GmbH
Feu Vert 100% Synthèse	SAE 5W-40	Feu Vert
Fina First 400	SAE 5W-40	Total
Galp Energy Ultra	SAE 0W-30	Petrogal SA
Galp Energy Plus	SAE 5W-40	Petrogal S.A.
Galp Formula 1 Plus	SAE 5W-40	Petrogal SA
Galp Formula TD Plus	SAE 5W-40	Petrogal SA
Gulf Formula G	SAE 0W-30	Gulf Oil International
Gulf Formula G	SAE 5W-30	Gulf Oil International
Gulf Formula G	SAE 5W-40	Gulf Oil International
Habot Full Synthetic	SAE 5W-40	Habot
Havoline Synthetic	SAE 5W-40	ChevronTexaco
Havoline Ultra	SAE 5W-40	ChevronTexaco
High Star	SAE 5W-40	Addinol Lube Oil GmbH
Hunold Synt 5W/40	SAE 5W-40	Hunold Schmierstoffe GmbH
Idemitsu Zepro Racing	SAE 5W-40	Idemitsu Kosan Co.
Igol Process MB	SAE 0W-30	Igol France, S.A.
Igol Symbol Ceramic	SAE 5W-40	Igol France, S.A.
INA Millennium	SAE 5W-40	INA Maziva Rijeka
Iranol 30000	SAE 5W-40	Iranol Co.
JB German Oil Longlife P5	SAE 5W-40	JB German Oil GmbH & Co.KG
Jet Top Level	SAE 5W-40	Conoco Phillips GmbH
Kendall GT-1 Full Synthetic Motor Oil	SAE 5W-40	Kendall Motor Oil
KunLun SL/CF	SAE 5W-40	Petro China Lubricant Co.
Labo Carat	SAE 5W-30	Fuchs Labo Auto S.A.
Labo Carat	SAE 5W-40	Fuchs Labo Auto S.A.
Laike SL/CF	SAE 5W-40	Fujian Laike Petrochemical Co.

Liqui Moly Diesel Synthoil	SAE 5W-40	Liqui Moly
Liqui Moly Leichtlauf HD C7	SAE 5W-40	Liqui Moly
Liqui Moly Profi Synthoil	SAE 5W-30	Liqui Moly
Liqui Moly Profi Synthoil	SAE 5W-40	Liqui Moly
Liqui Moly Synthoil High Tech	SAE 5W-40	Liqui Moly
Liqui Moly Synthoil Longtime	SAE 0W-30	Liqui Moly
Lotos Syntetic	SAE 5W-40	Grupa Lotos SA
LUKoil Synthetic	SAE 5W-40	000 Lukoil Permnefteorgsintez
Mannol Extreme	SAE 5W-40	SCT Vertriebs GmbH
Mannol Legend+Ester	SAE 0W-40	SCT Vertriebs GmbH
Marly Gold S1	SAE 5W-40	N.V. Marly S.A.
megol Motorenoel Super Leichtlauf Multisynth	SAE 0W-30	Meguin GmbH
megol Motorenoel Super Leichtlauf	SAE 5W-40	Meguin GmbH
megol Motorenoel Super Leichtlauf RUNNER	SAE 5W-30	Meguin GmbH
megol Motorenoel Ultra Performance Longlife	SAE 5W-40	Meguin GmbH
Meister-Öl Leichtlauf-Motorenöl	SAE 5W-40	Ölwerke Julius Schindler
MHG Syntolube Leichtlaufmotorenöl	SAE 5W-40	MHG Mineralöl-Handels-GmbH
Millers XFS	SAE 5W-40	Millers Oils Limited
Mobil Special X	SAE 5W-40	ExxonMobil
Mobil Super 3000 X1	SAE 5W-40	ExxonMobil
Mobil Super 3000 X1 Performance Plus	SAE 5W-40	ExxonMobil
Mobil Super 3000 X1 Performance Plus Turbo Diesel	SAE 5W-40	ExxonMobil
Mobil Synt S	SAE 5W-40	ExxonMobil
Mobil Synt S Turbo Diesel	SAE 5W-40	ExxonMobil
Mobil Syst S	SAE 5W-40	ExxonMobil
Mol Dynamic Star	SAE 0W-40	MOL-LUB Lubricant Ltd.
Mol Dynamic Star	SAE 5W-40	MOL-LUB Lubricant Ltd.
Mol Dynamic Synt	SAE 5W-40	Mol Hungarian Oil and Gas Co.

Morris Multilife	SAE 5W-40	Morris Lubricants
Motor Oil Plus	SAE 5W-40	ExxonMobil
Motorex Evolution	SAE 5W-30	Bucher AG
Motorex Evolution	SAE 5W-40	Bucher AG
Motorex Select SP-X	SAE 5W-40	Bucher AG
Motorex Xperience FS-X	SAE 0W-30	Bucher AG
Motorex Xperience FS-X	SAE 0W-40	Bucher AG
Motor Gold Highline	SAE 0W-30	Mineralöl-Raffinerie Dollbergen GmbH
Motor Gold Supertec SAE 5W40	SAE 5W-40	Mineralölraffinerie Dollbergen GmbH
Motul 6100 Synergie	SAE 5W-40	Motul S.A.
Motul 6100 X-cess	SAE 5W-40	Motul S.A
Motul 8100 Synergie	SAE 5W-40	Motul S.A.
Motul 8100 X-cess	SAE 5W-40	Motul S.A.
Motul Synergie	SAE 5W-40	Motul S.A.
Nasalube 1 Fully Synthetic	SAE 5W-40	PT. Harfacindo Raya
Olympia Pro-Tech Fully Synthetic Engine Oil	SAE 5W-40	Meguin GmbH & Co.KG
OMV Full Syn	SAE 0W-40	OMV AG
OMV syn com	SAE 5W-40	OMV AG
Opaljet 24 S	SAE 5W-40	Unil S.A.
Optima Magnum Plus	SAE 0W-40	Oil Refinery Modrica
Orlen Star Synt S	SAE 5W-40	Orlen
Panolin Racing Synth DC	SAE 0W-30	Panolin AG
Parnas Synthesis 540	SAE 5W-40	Sakson S.A.
Pennzoil Synthetic European Formula	SAE 5W-40	Pennzoil Quaker State
Pento High Performance	SAE 5W-40	Deutsche Pentosin-Werke
Pentosynth	SAE 5W-40	Deutsche Pentosin-Werke
Permorfax	SAE 5W-40	Pennzoil Quaker State
Petronas Syntium 900	SAE 5W-40	Petronas Lubricants International
Petronas Syntium 3000	SAE 5W-40	Petronas Lubricants International
Petronas Syntium 3000 S	SAE 5W-40	Bucher AG

Petronas Syntium 5000 FS	SAE 0W-40	Bucher AG
PKW Motorenöl 5W-40	SAE 5W-40	Shell International Petroleum Company
Platinum Synthetic	SAE 0W-30	Orlen Oil Sp. zo.o.
PO Ultra	SAE 5W-40	Petrol Ofisi A.S.
Profi-Car Synth-Tech	SAE 5W-40	Profi-Tech GmbH
Pyroil Synthetic motor oil	SAE 5W-40	Valvoline
Q1 Diamant Synthetic	SAE 5W-40	Beckmann Mineralölhandel GmbH
Q8 Formula Exclusive	SAE 5W-30	Kuwait Petroleum
QS Synquest	SAE 5W-40	Comercial Importadora S.A. de C. V.
Quaker State De Luxe	SAE 5W-40	Oel-Brack AG
Quaker State Full Synthetic European Formula	SAE 5W-40	Pennzoil Quaker State
Quaker State Synquest	SAE 0W-30	Oel-Brack AG
Quaker State Synquest	SAE 5W-40	Oel-Brack AG
Ravenol HPS Hypersynth	SAE 5W-30	Ravensberger Schmierstoffvertrieb GmbH
Ravenol Hydrocrack Synth.HCS	SAE 5W-40	Ravensberger Schmierstoffvertrieb GmbH
Ravenol Super Synthetic SSO	SAE 0W-30	Ravensberger Schmierstoffvertrieb GmbH
Ravenol VSI	SAE 5W-40	Ravensberger Schmierstoffvertrieb GmbH
Repsol Elite Cosmos	SAE 0W-40	Repsol YPF
Rotary 1 Fully Synthetic	SAE 5W-40	PT Harfacindo Raya
Selenia Digitech	SAE 0W-30	Petronas Lubricants International
Selenia WR	SAE 5W-40	Petronas Lubricants International
Shell Helix Plus	SAE 5W-40	Shell International Petroleum Company
Shell Helix Plus Extra	SAE 5W-40	Shell International Petroleum Company
Shell Helix Plus S	SAE 5W-40	Shell International Petroleum Company
Shell Helix Premium	SAE 5W-40	Shell International Petroleum Company

Shell Helix Ultra	SAE 0W-30	Shell International Petroleum Company
Sheng Ma	SAE 5W-40	Shell Tongyi (Beijing) Petroleum Chemical Co., Ltd.
Sigma PAO	SAE 5W-40	LG Caltex Oil Corporation
Sonol LL Super	SAE 5W-40	Sonol Israel Ltd.
Speed Metal	SAE 5W-40	Sunshine Sundry International Co., Ltd
SRS VIVA 1 topsynth	SAE 5W-40	SRS Schmierstoff Vertrieb GmbH
Statoil GT S	SAE 5W-40	Statoil Lubricants
Statoil Lazerway	SAE 5W-40	Statoil Lubricants
S-Tronic	SAE 5W-40	Kuttenkeuler GmbH
swd Concep-Tech VS	SAE 0W-40	Swd Lubricants GmbH & Co. KG
swd Primus HDC	SAE 5W-40	Swd Lubricants GmbH & Co. KG
swd Primus Ultra	SAE 0W-30	Swd Lubricants GmbH & Co. KG
swd Primus VS	SAE 0W-40	Swd Lubricants GmbH & Co. KG
Syncon TM High Performance Synthetic Engine Oil	SAE 5W-40	ConocoPhillips International Inc.
SYNT X Vollsyntheseöl	SAE 5W-40	Müller Mineralöle Handels- und Beratungsges. mbH
SYNT XL	SAE 5W-40	Müller Mineralöle Handels- und Beratungsges. mbH
Syntronic Plus	SAE 5W-40	Kuttenkeuler GmbH
Tamoil Sint Future Racing	SAE 5W-40	Deutsche Tamoil GmbH
Tamoil Sint Future Prestige	SAE 0W-30	Deutsche Tamoil GmbH
Teboil Diamond	SAE 5W-40	Suomen Petrooli Oy
Titan Supersyn	SAE 5W-30	Fuchs Petrolub AG
Titan Supersyn	SAE 5W-40	Fuchs Petrolub AG
Titan Supersyn SL	SAE 5W-40	Fuchs Petrolub AG
TNK Magnum Synthetic	SAE 5W-40	TNK Lubricants, LLC
Top Evolution	SAE 5W-40	Top Oil Products Co. Ltd
Top Lube Diamond	SAE 5W-40	ABS Lubricants
Tor Hypersynth	SAE 5W-40	De Oliebron
Total Quartz 9000 Energy	SAE 5W-40	Total

Triathlon Synthetik	SAE 5W-40	Adolf Würth GmbH
Trli-Hera Vigor Turbo Plus Fully Synthetic	SAE 5W-40	TRLI Enterprise Co.Ltd.
Ultra Gold	SAE 5W-40	Greatwall Lube Oil Co. SINOPEC
Ultrasyn Plus	SAE 0W-40	Kuttenkeuler GmbH
Unicorn Ultrasynt	SAE 5W-40	Unicorn Oil Company
United 1 Fully Synthetic	SAE 5W-40	United Oil Company PTE Ltd.
Valvoline Durablend MXL	SAE 5W-40	Valvoline
Valvoline Syn Power	SAE 0W-40	Valvoline
Valvoline Syn Pro	SAE 5W-30	Valvoline
Valvoline Syn Pro Diesel	SAE 5W-40	Valvoline
VAT SynGold	SAE 5W-40	Vatoil Europe
Veedol Powertron	SAE 5W-30	Veedol International
Virada Top	SAE 5W-40	VEBA Oel AG
Wako's ex-Synthe	SAE 5W-40	Wako Chemical Co. Ltd.
Wako's 4CT	SAE 5W-40	Wako Chemical Co. Ltd.
Weco TXI Syntlube	SAE 5W-40	Weko
Westfalen Megatron	SAE 5W-40	Westfalen AG
Wolf Masterlube Synflow DC	SAE 5W-40	Wolf Oil s.a
Wolf Masterlube Synflow Plus	SAE 0W-40	Wolf Oil s.a.
Wolf Masterlube Synflow Plus SAE 5W40	SAE 5W-40	Wolf Oil s.a.
Yacco VX 1000	SAE 5W-40	Yacco S.A.S
Yacco VX 600	SAE 5W-40	Yacco S.A.S.
Yellow Hat Magmax SJ	SAE 5W-40	Yellow Hat Co. Ltd
York 748	SAE 0W-30	Ginouves Georges S.A.

BMW recommends Castrol.

Status 09/2008